

Personal Hygiene List

Female

Shampoo
Conditioner
Body Wash
Bar Soap
Deodorant
Toothbrush
Tootpaste
Razor-twin blade w/strip
Tampons
Femanine Pads
Lotion
Socks

Disaster Relief

Bleach
Laundry Soap
Window Cleaner
Spic & Span/Pinesol
Comet
Water (purified)
Dish Soap
Paper Towels
Toliet Paper
Batteries (AAA, AA, D, C)
Flashlight
Baby wipes
Diapers

Male

Bar Soap
Deodorant
Toothbrush
Tootpaste
Razor-twin blade w/strip
Shaving Cream
Socks

Other

Earswabs
Combs
Kleenex
Kids Shmpoo/Body Wash
Kids Toothbrush
Kids Tootpaste